BLENDED LEARNING JOURNEY ON DIABETES AND PRE-DIABETES 2024

MeδEA
Medical Education Academy

Overview

Hyperglycemia, pre-diabetes and undiagnosed type 2 diabetes mellitus are growing global health problems. Although people can live with hyperglycemia without overt symptoms, it increases the risk of developing serious health conditions and for premature death. Hyperglycemia in pre-diabetes and type 2 diabetes is reversible if the patient is able and willing to adopt lifestyle recommendations. Screening at-risk populations is crucial for providing affected individuals with information and help that reduces, or prevents, escalation of their condition. Screening, preventative and best practice care and personalization of treatment are also important for diabetic-related foot disease. The current lifetime risk of diabetic foot ulcer for those with diabetes is 19–34 and the 5-year mortality rate is 50–70% (McDermott, 2023). The amputation incidence is increasing particularly in the young and in racial and ethnic minority populations; all statistics are strongly linked to poor diabetes management (McDermott, 2023). Screening and care for women of child-bearing age with diabetes, especially during pre-pregnancy and pregnancy, is a widening practice gap, as is the ongoing care of women who experience diabetes during pregnancy and who are then at increased risk of developing diabetes in later life.

Learning Objectives

At the end of the blended learning journey, participants should be able to:

1. Identify, screen and monitor patients at high risk for pre-diabetes and diabetes, aiming for early identification of hyperglycemia
2. Discuss with patients the options for managing pre-diabetes or diabetes, particularly changes to life-style (diet, exercise) to control blood pressure and blood glucose levels
3. Recognise and treat diabetic foot ulcers
4. Undertake persistent and repetitive educational activities with patients with diabetes to raise awareness of foot hygiene, the importance of self-care and of seeking help early when feet are damaged
5. Understand the identification and management of diabetes during pregnancy
6. Plan/instigate screening programmes for gestational diabetes and for type 2 diabetes post-partum

Target Audience

Clinicians involved in endocrinology, particularly diabetes, pre-diabetes; fertility and pregnancy management, obesity management and general practice; some content of interest to midwives and nurses involved in pre-natal and post-natal care; some content of interest to vascular specialists and podiatrists.

Language

The official language of this educational programme will be English. Simultaneous translation into Spanish and Chinese will be provided.

Continuing Medical Education (CME)

The **BLENDED LEARNING JOURNEY ON DIABETES AND PRE-DIABETES 2024** will be submitted for CME accreditation from the European Accreditation Council for Continuing Medical Education (EACCME), and/or the European Board for Accreditation of Continuing Education for Health Professionals (EBAC) and for Continuing Professional Development (CPD) credits.

E-learning Activities

This learning journey is a **structured educational programme** comprising:

- **VIDEO PRESENTATION: LAUNCH 15 MAY 2024 -** Ideal practice for personalized treatment of patients with type 2 diabetes
- **PODCAST & INFOGRAPHIC: LAUNCH 15 JULY 2024 -** Best Screening for type 2 diabetes
- **PODCAST & INFOGRAPHIC: LAUNCH 16 SEPTEMBER 2024 -** Diabetes-related foot disease
- **CME LIVE WEBINAR: LAUNCH 18 OCTOBER 2024 -** Hyperglycemia in pregnancy and beyond

Registration

CLICK HERE TO REGISTER

REGISTRATION IS FREE OF CHARGE

More info & Agenda

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elearning.medeaacademy.com

CME Provider

MedEA Medical Education Academy
Senior Educational Programme Director: Flaminia Masprone
T 39 02 8295 8658
info@medeaacademy.com

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